



PEPPERMINT KID CANDY

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GATHER:

- 1 egg white
- 3+ cups powdered sugar
- food coloring
- peppermint extract
- meltable dark chocolate
- tiny cookie cutters

CREATE:

1. Mix the egg white with 3 cups of powdered sugar. Start with a wooden spoon and switch to your hands. Add sugar as needed (you are going for a play dough texture).

2. Work in 1/2 to 1 capful of peppermint extract.

3. Add in a few drops of food coloring.

4. Spread more sugar on your work surface. Roll out the candy mix and use your cookie cutter to make tiny shapes. Set them on a tray* or sheet of parchment paper to dry for a few hours.

*If the egg makes you nervous, you can put them in an oven or dehydrator on low for 15 - 30 minutes.

5. (Totally optional) Melt chocolate according to package. We like to use a tiny crock pot because the kids can do it themselves. Dip the candies and set on tray to dry.